

## Loneliness

Talking to a best friend about life  
about changes  
about fears  
    hearing her say  
    I know that you will be okay  
and yet—

Lying on the beach with friends  
    watching everyone  
talking  
    laughing with each other  
and yet—

A pale pink prom dress sitting  
on the hanger knowing  
it will never be worn again  
    feeling at peace  
and yet—

A faded flowered curtain hanging in the  
window of an old house filled with  
    joyful memories  
and yet—

A singular duck bobbing in the water  
    content  
and yet—

Sitting on a bench in a new city feeling okay  
and yet—

Alone

All

Alone.